

# Regular Ministries and Activities Please see our weekly sheet for times

Sunday Morning service and Powerhouse 10.30

Evening service 6.30

Nepali Church in the Warwick Room 10.00

Sunday@One

Cornerstone 10.30

Monday Bright Sparks (2-5 years)

NHS Baby clinic

Open Door Carpet Bowls

Christian Bikers' Fellowship Deacons' Prayer - monthly

Tuesday Tuesday@12

Racquet sports meets 1st, 3rd and 5th weeks

Badminton

Choir

Deacons' meeting – monthly

Quiet prayer – monthly

Wednesday Open Door

Bible study 2<sup>nd</sup> and 4<sup>th</sup> 10.30

ASK Friendship Group – fortnightly, term time only

Play and Sing (0-5 years)

New Mums' Fellowship Group

Arts and Crafts

Retreads - Bi-monthly

Sea Scout troop

Thursday Prayer meeting – 1st week

Lunch club – 1st week

Bible Study/House group – fortnightly

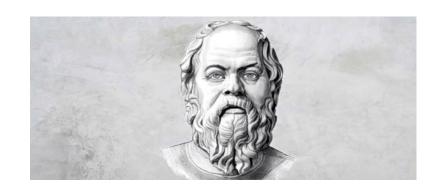
Church Meeting – 3rd week

Friday Open Door

Stay and Play (0-5 years) Remix – not school holidays

**Street Pastors** 

Saturday Street Pastors





From our Pastor Rev Cole Maynard

In ancient Greece, Socrates was held in high esteem for his wisdom and great knowledge. One day an acquaintance met the great philosopher in the market and taking him aside spoke in a conspiratorial manner...

"Do you know what I just heard about your friend?"

"Hold on a minute," Socrates replied. "Before telling me anything I'd like you to pass a little test. It's called the Triple Filter Test."

"Triple filter?"

"That's right," Socrates continued. "Before you talk to me about my friend, it might be a good idea to take a moment and filter what you're going to say. That's why I call it the triple filter test. The first filter is Truth. Have you made absolutely sure that what you are about to tell me is true?"

"Well, no," said the man, "I have actually only just heard about it and..."

"All right," said Socrates. "So you don't really know if it's true or not. Now let's try the second filter, the filter of Goodness. Is what you are about to tell me about my friend something good?"

The man looked slightly shocked. "Not good exactly, on the contrary..."

"So," Socrates continued, "you want to tell me something bad about him, but you're not certain if it's true. You may still pass the test though, because there's one filter left: the filter of Usefulness. Is what you want to tell me about my friend going to be useful to me?"

"Well, not really..." admitted the man.

"So," concluded Socrates, "if what you want to tell me is neither true nor good nor even useful, then why tell it to me at all?"

For that the man had simply no answer and he turned and walked away!

Gossip is corrosive! It eats into character, dissolves reputation and removes trust. As the motto from WW2 reminds us: 'Careless talk costs lives' Let's learn to be wise in all our conversations always applying the triple filter. Is it:

True Good Useful

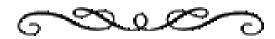


Have a great October.

#### Pastor Cole







### **Shoeboxes**

are now available for those of you loyal/new supporters who wish to collect them for the 2019 appeal.

All you must do is see me in the Hall after each Sunday morning service or call me at the Office (01206 571879) and I'll arrange to supply you with a box (or boxes).

can also supply gift ideas for your boxes if required. Just let me know when you collect your box (or boxes).

# CLOSING DATE FOR THE 2019 APPEAL WILL BE THE 10TH NOVEMBER – VERY LATEST

Paul Clover



#### **October**

Tuesday 1<sup>st</sup> - Choir practise resumes

Thursday 3<sup>rd</sup> - Church prayer evening

Saturday 5<sup>th</sup> - Amiable Amblers

Harvest meal p 9

Sunday 6<sup>th</sup> - Harvest celebrations

Saturday 26th - Ladies' Breakfast p19

#### November

Sunday 10<sup>th</sup> - Remembrance Sunday

Sunday 17<sup>th</sup> - Church Anniversary

The deadline for the November edition is

#### Wednesday 18th November

and Focus will be available from the previous Sunday 27th October



This is the first edition with the new Page Plus package.

There is still a lot to learn but hopefully the main problems are over.

Please read your *Focus* 

Contributions welcome from all ages. Send me a few words or a picture

Ed.

## Flowers in the Sanctuary

6th - Annette Golish

13th - Ruby Ayer

20<sup>th</sup> - Jean Peacock

27<sup>th</sup> - Shirley Turton



## **BMS Birthday Scheme**

Christine Frost 13<sup>th</sup> 27<sup>th</sup> Alan Frost

27<sup>th</sup> Ralph Goode

Every penny donated through this scheme goes to help BMS work abroad



The opinions and conclusions published in "Focus" are those of the authors and do not necessarily represent the views of the Church or Church Leadership

#### HARVEST CELEBRATION

6th October.

Does anyone have a wooden garden trug that we could borrow to decorate the church for Harvest please?

We would like as many as possible.

If you can help please contact Carol Clubb or Pam Simpson Many thanks in anticipation!



any sort, can be willow or wood and any size





# You are invited to a **Harvest meal**On



Saturday 5<sup>th</sup> October in the Church hall at 7pm here will be a Plouahman's lunch fo

There will be a Ploughman's lunch followed by apple crumble

Cost - donation on the evening

This will be time for "family fellowship"
together as part of the
Harvest Thanksgiving weekend at
Colchester Baptist Church.
Come and meet your church family
in an informal gathering.

To help with catering please put your name on the list on the noticeboard by the front doors of the church or email Paul Clover at the Church Office that you wish to attend.

Please let Jane Chapman know (978499) if you have any dietary requirements so that these may be catered for

# Simon Heard's Formal Induction and Ordination to Mariners Chapel, Rowhedge

We first encountered Simon nine years ago when he came along to CBC carrying a young Scout in his arms. Having attended regularly and showing his potential for Christian work he applied and was appointed Open Door Director.

It wasn't long after Simon had been in the role that Tuesday @ Twelve was introduced as many of the clients were seeking to learn more about the Bible. From this Sunday @ One evolved and both of these continue with healthy numbers attending seven years on.

Simon expressed his love of evangelism through many activities and showed his potential for a future in ministry. Although claiming not to be academic Simon was persuaded by many within CBC to undertake a course at Spurgeon's College. He studied there for three years and gained a certificate, then he felt that God wanted him to continue and study for the ministry.

This study required him to obtain a placement within a church and Mariners Chapel were receptive in taking Simon on part time for the duration of his course.

Now another three years on Simon gained a 2.1 degree (not bad for a non-academic)!

Mariners Chapel have received financial support and have been able to offer Simon a further three years part time role as their official Minister.



On 20<sup>th</sup> July 2019 it was a privilege for a number of us to attend the Induction and Ordination of Simon into Mariners Chapel as their Minister. The service was led by Steve Rudge, Regional Minister and many other dignitaries including Lyn from Spurgeon's College, local ministers and a local council representative. The Mariner's provided a very tasty buffet after the service which finished off a wonderful, celebratory day.

This is a brief summary of Simon's journey following God's will for his life – it demonstrates how God can call you on the most unlikely journey with Him, but by putting your trust in the Lord, He will provide for you. `Praise the Lord`

Well done Simon, Congratulations from All of us.

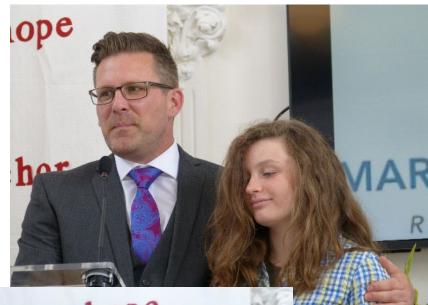
#### Brenda Reade

Simon with his daughter Scout

and below with

Regional Minister

Rev Graeme Ross





## Free Family Fun Festival



It is impossible to describe the Free Family Fun Festival unless you have experienced it.

Hundreds of Christians from most of the churches around Colchester come together and provide a fantastic variety of games, entertainments, bouncy castles, music, dog show etc. for families of Colchester to enjoy without any costs.

Drinks and food including our own church's BBQ specialists are provided at reasonable prices.

We fill the lower castle Park with fun, colour and fellowship.

The main aim is to show the free love of Jesus to all and to demonstrate the unity that the churches have through Him.



It takes a lot of organisation and communication to put this event on and our church is part of the 4 churches that make this happen. we are incredibly well lead by Lorraine Davies from Kingsland.

Thanks and well done to our BBQ team and to those who provided lovely cakes for the refreshment tent.

#### Mike Baker







#### Hepzhibah Baptist Church Update

A big THANK YOU for your generosity in helping Hepzhibah Baptist Church provide music lessons for two young boys, Ricardo and Dejaun. A total of £370 was raised and we give all the glory and praise to God.

For those of you who didn't hear me speak at the Family Service on 3<sup>rd</sup> March, I would like to tell you about Jamaica and Hepzhibah Baptist Church.

I have the great privilege of being friends with a Jamaican family who attend and belong to Hepzhibah Baptist Church and that is how I know about it.

#### Jamaica and Hephzibah Church

Jamaica is about 4,700 miles from the UK, ninety miles south of Cuba and six hundred miles south of Miami.

Jamaica is the largest English-speaking island in the Caribbean. It is 146 miles long with widths varying between 22 and 51 miles and it has 633 miles of coastline. It has a population of around 3 million and just over half of the island's residents live in urban areas, 22% in greater Kingston.

Hepzhibah Church is in the parish of Portland in Eastern Jamaica. Port Antonio is the largest town in Portland and Hepzibah Church is in a place called Priestman's River, which is a small rural community, near where this river flows into the Caribbean Sea. It is about two hours' drive from Kingston.

The minister of Hephzibah Church is the Reverend Winston McKay. He lives in Kingston, where the Jamaican Baptist Union is located, and, because he looks after other churches, he is at Hephzibah Church just once a month usually on the third Sunday.

I estimate that about 30 adults attend the church and there is a Sunday school which about 15 children attend weekly. Their collective passion for the gospel, and their victorious faith and trust in God, shines out through the worship, testimony and teaching.

#### The Boys

Ricardo is 10 years old and he plays the drums while Dejaun, who is 11, is learning how to play the keyboard. There are no other musicians in the church and the music is provided each week by Ricardo and Dejaun.

During their morning service an offering is taken for the church and another basket is passed around for contributions to pay for the music lessons for Ricardo and Dejaun. When I was last there, in January 2019, I saw that the church needed more financial support, or it would not be able to fund the boys' music lessons. It moved me and I wanted to do something to assist their ministry.

I spoke with Cole, our Senior Minister, who, along with many others here, supported and facilitated an offering of £370 being given and sent to Hephzibah Church to fund music lessons. Praise God!

Going forward, through Focus, I will provide you with regular updates regarding how Hephzibah Church and the boys are progressing.

Thank you and God bless you.

Barbara East





At the beginning of September, Sunday@One spent some time thinking about prayer and came up with ideas for what they would like to have in their own prayer for the service. Below is the result.

Peter Dale, pastor of the service, says "we could have found a prayer in a book but this prayer, written by our members, reflects us as a community: our unique thanks, needs and challenges. I hope this will be a prayer that continues to shape us as a community every week for many years to come

#### Holy God,

Thank you for bringing us together again.

Thank you for life, and that you love us with an unending love

Thank you that you promise to never leave us or forsake us.

Please help us to love and care for one another.

Please meet our basic needs, and may everyone have a roof over their heads.

Please bring your hope, peace and strength to those who suffer.

We pray for transformation, salvation and many testimonies.

Fix our eyes on Jesus and fill us with your Holy Spirit.

Amen.

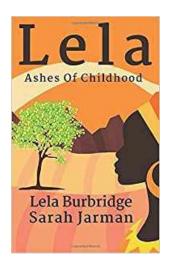


#### Peter Dale

#### **BOOK REVIEW**

Lela: Ashes of Childhood

#### by Lela Burbridge and Sarah Jarman



This is a difficult book to read but you should not miss out! It's a story of a childhood that would bring most people to their knees. But it's also a story of hope, of character and of faith in God that wins through, with the support and love of friends, family and the church. Lela is a remarkable young woman still!

Lela was born in Uganda and orphaned young. Many of us know part of her story as she and her brother Dennis have been part of the story of our church in recent years. Mike and Marietta Woods made her part of their family and now she is part of the Burbridge family too – some may remember Mark Burbridge as minister at Earls' Colne Baptist Church. She and Andrew now have three children – two girls and a boy.

In my opinion this book is very readable, written from Lela's viewpoint, with lots of dialogue. As a critical reader, I found it polished, engaging and insightful.

That's not to say it's an easy read. It's an eye opener for people like me who had a 'safe' childhood – surely a birthright for every child.

Available on Amazon for £10 (Kindle £6.99) – or contact me via the church office if you're not able to access Amazon!

#### Susan Sydenham



# In Memoriam Chris Borley

suddenly at home on Bank Holiday Monday
Our sympathies are with his wife Sarah, daughter Amelia and all the Riminton family





## Amiable Amblers



## 5<sup>th</sup> October 2pm Aldham

Park in Hardings Close, off Green Lane MR 918259. CO6 3RD

Contact Nick Slinger 07765 288156

# Ladies' Breakfast

The next Ladies' Breakfast will be on Saturday 26th October at 9am



It will have a slightly different twist

You will be offered a Continental breakfast with

croissants, ham and cheese

and

an English twist with home made scones, jam and cream

Our speaker will be **Fiona Maynard** 

Do join us and hear what she has to say about being an army padre's wife and enjoy an informal chat

There will be a notice on the board and do please add your name.

The morning is not really suitable for small children

## LEST WE FORGET – ARTHUR SWEETAPPLE (1894-1919), ALFRED TRALAU (1896-1918) AND ERNEST WEBB (1893-1917)

**Arthur Sweetapple** was born in Southend. At the 1901 Census the family was living in Brook Street, Colchester. His parents were Charles and Annie and he had two sisters and a brother older than him. Charles, who was a shop worker, died in 1908. In 1911 Arthur was in Hackney, London living with his aunt, Alice Sweetapple, a dressmaker. He was employed as a Boy Clerk with the Post Office Telephone Service.

Arthur died in 1919, presumably from war wounds. His effects were valued as £222. Annie Cave Sweetapple, who was the beneficiary, is referred to as his widow but was presumably his mother. She died in 1919, aged 89.

**Alfred Tralau** (recorded as W. A. Tralau by the Commonwealth War Graves Commission) lived with his parents in Victor Road.

Alfred served with the Leicestershire Regiment and was a Lance Corporal when he died on 8 October, 1918. He is buried in the Montbrehain British Cemetery.

**Ernest Webb** was born in Harkstead, Suffolk, son of Samuel and Rosanna. He had an older sister, Florence. In 1901 they were living in Wix, Essex when Samuel was a nurseryman/carpenter.

Ernest died in September, 1917 but so far no details of his war service have been found.

That is all thirteen of the men recorded on our War Memorial. It is intended to produce a short record of them on one side of A4 paper to be displayed in the vestibule. This is for the interest of the congregation and also for the benefit of those who come to enquire about their possible ancestor or relative.

WE WILL REMEMBER THEM.

Henry Spyvee – Church Historian





#### **NEWS FROM THE PILLINGERS**

Steve Pillinger has been a member at Eld Lane ever since he was a University student in the 1980's. He works with Wycliffe Bible Translators and is now in Johannesberg, South Africa where he typesets and prepares other people's trnslations for printing, covering all of sub-Saharan Africa. The Church continues to support Steve in his work.

We have a Newsletter from Steve with the following important developments

"Steve has finished typesetting the Gbaya New Testament (South Sudan) ready for printing with dedication expected early next year.

PRAY that God's Word will have a major impact on Gbaya speaking people. Steve is working on an online collection of Maps and Illustrations which can be used by Wycliffe and other translators. It is largely in place but needs to be made user friendly."

"Steve's wife, Johanna, has just received her Permanent Residence Permit after nine years of trying. She now needs an Identity Document which all residents must have and which will simplify her life.

PRAY that Johanna's application will go smoothly and quickly."

#### Henry and Vivien Spyvee

# Rory Anderson-Wai



Thursday 5th September was a beautiful sunny day when hundreds of people gathered at Wivenhoe parish church to give thanks for the life of Rory Wai. Many of them were Rory's school and college friends and the church was full to overflowing.

The service was a wonderful reflection of all that Rory had achieved in his short 18 years of life, and a powerful Christian message will have hopefully touched the hearts of all who attended.

Rory was hard working and achieved excellent grades in his A levels which sadly he did not live to see. He had recently trained as a lifeguard and hoped to go to university next year. He was well known locally in Wivenhoe with his paper round and regularly walked neighbours dogs.

The bible reading read at the funeral from Psalm 139 reminded us of God's complete knowledge of us and how our days on this earth were formed even before they came into being.

Rory's mum Sally whom I have been friends with for some years now chose the bible verse from Acts chapter 16.33

"Believe in the Lord Jesus , and you will be saved ,you and your household"

Please pray for Sally, Henry, Rory's brothers William and David and the wider family as they come to terms with the loss of Rory.

Gillian Driver



It's not too early to be thinking about your entry for this year

If you haven't decorated a tree in church before
do think about doing one this year.

It is great fun and a family could do one together.

Talk to Pam Simpson or Carol Clubb if you are interested.

We always provide a tree in Lion Walk church as well.

Do think about offering to decorate it this year.

I have done it for 3 years but some new ideas are needed. Ed.



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