

You can find us ...  
in the town centre, on Eld Lane  
just round the corner from Boots

For more information about any of our groups  
please contact:

Revd Lynsey Heslegrave  
lynsey@colchesterbaptistchurch.org.uk

Church Office  
01206 571879  
office@colchesterbaptistchurch.org.uk

[www.colchesterbaptistchurch.org.uk](http://www.colchesterbaptistchurch.org.uk)

**REMIX**

Every Friday night (term time) for boys and girls aged 5–18

5–7 year olds: 6:15 – 7:45 pm  
8–11 year olds: 6:15 – 8:00 pm  
11–14 year olds: 6:15 – 8:30 pm  
14+: 6:15 – 9:00 pm  
£1.50 per session

# Babies & Toddlers at Colchester Baptist Church



## MONDAYS

### Bright Sparks—Ages 2-5 10am-11:15am

Toys, crafts and messy play, followed by a drink and biscuit and a story time and singing. Bright Sparks is particularly aimed at helping prepare children for school.

**Venue:** Church hall

**Cost:** £1 per child aged 2 or over  
*During term time*

TUESDAYS—No groups

## WEDNESDAYS

### Babies and Toddlers: Play and Sing—Ages 0-5 10am-12noon

Free play and snack time, followed by a music and singing session and ride-on toys to finish. Refreshments for parents and carers are available throughout.

**Venue:** Church hall

**Cost:** £1 per family  
*During term time*

### Little Lambs Tots Praise

On occasional Wednesdays throughout the year we run a lively and fun time of praise for toddlers, babies, parents and carers, with action songs, Bible stories and prayers. Anyone attending our Baby and Toddler sessions on those mornings is welcome to come and join in.

**Venue:** Main church

## WEDNESDAYS cont'd

### New Mums' Friendship Group—Ages 0-12months 10am-12noon

A special space in a quiet room alongside our Baby and Toddler sessions for mums with very young children to make new friends. Dedicated leaders provide a warm welcome and support. Expectant mums are very welcome too. Refreshments are available throughout.

**Venue:** Entry via the church hall

**Cost:** No charge for entry or refreshments  
*Runs all through the year*

THURSDAYS—No groups

## FRIDAYS

### Babies and Toddlers: Stay and Play—Ages 0-5 10am-12noon

A drop in for parents and carers, with free play and refreshments throughout the morning.

**Venue:** Upstairs toddler room

**Cost:** Free entry, hot drinks 30p, juice and biscuits 10p  
*During term time*

## SUNDAYS

### Buzz—Ages 0-3

Buzz runs from the start of every morning service. Stay and settle your child in, then our experienced helpers will look after your little one while you enjoy the service. Toys, stories and activities.